**Can I do this?**

- I can say no/please stop/I’ll tell/I’ll ask to someone who asks me to do something that makes me feel sad, embarrassed or upset.

- I can explain how people could upset me online and in real life, by being unkind or asking me to do something I don’t want to do.

- I can identify people in their safety circle who can help them if they are worried or need support, and know how to ask for help.

- I know what information to keep private.

**Key Resources:**Self-image and identity unit of work  
PSCHE Myself and Relationships unit of work

**Key Facts:**

- Trusted adults are people that you know personally, not someone you have met online.

- Personal information is information that is about me.

- Online could mean talking to somebody on the internet, playing games online, texting, messaging and emailing over social media – not being able to talk to someone face to face.

**New Skills:**

**Vocabulary:**

Self, identity, embarrassed, online, technology, safety circle, trusted, personal, privacy, information.

**Key Questions:**

- Who are your trusted adults?

- Is it just face to face that people could upset you?

- What does online identity mean?

- How can you be safe online?

- What does safe online behaviour look like?



**New Learning:**

- Use technology safely and respectfully, keeping personal information private; identify where to go for help and support when they have concerns about content or contact on the internet or other online technologies.

- To know what to do if someone makes them feel sad, embarrassed or upset.

- To know that unkindness can happen in real life and online.

- To know that people’s bodies and feelings can be hurt.

- To identify their own trusted adult.

**Prior Learning (What we already know?):**

Take part in the national online safety week.

**Online Safety Organiser – Year 1 Autumn 1 – “How has education changed in Buckden?”**