



Buckden CE Primary PSHE Subject Guidance

This guidance supports a whole school approach to PSHE and Citizenship (PSHCE) in the curriculum, and throughout the life of the school and its community. It is consistent with current legislative frameworks and non-statutory guidance.

We believe that PSHCE has the power to enhance the health and wellbeing of all children, their families and the whole school community. It has a positive influence on the ethos, learning and relationships throughout the school. It is central to our values and to achieving our school's aims.

PSHCE helps children to develop the knowledge, understanding, skills and attitudes they need to live confident, healthy, independent lives, now and in the future, as individuals, citizens, workers and parents. It is embedded within wider learning to ensure that children learn to develop resilience and healthy relationship skills, which they will practise and see enacted in the school environment.

Statutory Status of Relationships Education and Health Education

This policy takes account of the requirement that all schools with primary aged children must teach Relationships Education and Health Education from September 2020. We will teach these two statutory subjects in the context of our wider Personal, Social, Health and Citizenship Education (PSHCE) curriculum.

Wider Context

Our approach to the teaching of PSHCE supports our duties relating to Keeping Children Safe in Education, Equality Act 2010, SEND, promoting fundamental British Values and Spiritual, Moral, Social and Cultural (SMSC) development. It also supports us in meeting the standards set out by OfSTED in relation to 'Behaviour and Attitudes' and 'Personal Development'.

Duty to Promote Wellbeing

The Education and Inspections Act 2006 places a requirement on schools to promote pupils' wellbeing (as defined in the Children Act 2004) as well as their academic achievement. It also includes a duty to support community cohesion. We are committed to promoting the health and wellbeing of children and of the whole school community, and fully recognise the significant connection between wellbeing and learning. PSHCE is a significant part of our response to these duties.

National Curriculum

The National Curriculum states that all schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils.

It must also:

'promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society,



and prepare pupils at the school for the opportunities, responsibilities and experiences of later life.'

Teaching and Learning

Our aims for PSHCE are:

- To enhance skills for communication, empathy and healthy relationships which underpin both success in learning and positive relationships
- To support the development of resilience, self-esteem, self-efficacy and aspiration
- To offer accurate and relevant knowledge to support decisions about personal wellbeing and health
- To explore the relevance of knowledge for personal situations and decision making
- To offer opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- To offer the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

Our curriculum has been designed to link with the Global Learning Curriculum and have clear progression of knowledge and skills with children meeting the different units of study biannually with additional raising awareness days to reinforce key subject content annually such as internet safety, mental health and well-being, road safety, healthy eating and anti-bullying. We predominantly follow the Cambridgeshire PSHE Service scheme of work.

Communicating with Parents/Carers

We recognise the key role that parents/carers fulfil in supporting their children through their personal development and the emotional and physical aspects of growing up. Therefore, we seek to work in partnership with parents and carers when planning and delivering PSHCE. We encourage this partnership by:

- informing parents/carers by letter and on the website of forthcoming PSHCE topics and their content
- informing parents/carers about aspects of the PSHCE curriculum through leaflets/newsletter e.g. road safety tips, information about anti-bullying, healthy eating tips
- providing supportive information about parent/carers' roles in PSHCE and how they can develop protective factors with their children, internet safety information
- including out of school learning/family learning opportunities within our curriculum for PSHCE, and encouraging children to share at home their learning about all aspects of PSHCE
- inviting parents/carers to discuss their views and concerns about PSHCE on an informal basis.

Cultural Capital

Wherever possible in the PSHE curriculum, teachers will enhance learning by providing additional experiences. These include visits with dentists, emergency workers, magistrates, Anglia Water to name a few. Bikeability teaches our KS2 children to be safe and sensible road users. We also observe many national raising awareness days and select these carefully each year to link with our Global Learning curriculum and pupil demographic.

Assessment, Recording, Reporting

We assess children's learning in PSHCE in line with approaches used in the rest of the curriculum. Children's learning is planned using learning objectives which are explained to the children, and we may negotiate success criteria with them at the start of each topic. Teachers draw on their observation of children's learning and children's self-assessment to arrive at their overall assessments.

We record children's work in PSHCE in a range of ways including class book with photos and result of group discussion in EYFS, teacher records of work completed, work in books, annotations of discussion, drawings and RAG sheets at the end



SEND and Dyslexia Friendly Approaches

We recognise it is important that all children at Buckden Primary Academy can access and thrive with our PSHE content. Teachers make adaptations to the lessons as needed to ensure all learners can demonstrate their knowledge and skills regardless of reading/ writing or communication skills. The PSHE lead in collaboration with the SENDCO has made suggestions as to how this can be achieved with our children.

British Values

Debate and democracy are key themes running through our PSHE curriculum. Many of the units of study focus upon celebrating difference and individuality. We teach our children to become tolerant and respectful people, asking questions to be empowered with knowledge rather than being judgemental. The Buckden Parliament contribute to this notion of the pupils having a voice with each class having representative Members who meet and share the class opinions.

Review

This guidance will be reviewed regularly to reflect any adaptations and government enhancements in PSHE practice.