

PSHE Learning Organiser – Year 3 Autumn 1 – “What is a sustainable school?”

Prior Learning (What we already know?):

Year 1

That people's bodies and feelings can be hurt.
To identify their special people, what makes them special and how special people should care for one another.
To listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation).
To recognise ways in which we are the same as all other people; what with have in common with everyone else.
To help construct, and agree to follow, group, class and school rules and to understand how these rules help them.
Know how to get help in an emergency situation

Key Questions:

Who are your trusted adults?
How would you demonstrate friendly behaviour?
How would you explain friendship?

Key Facts:

It is scientifically proven that the company of good friends reduces stress in life.
Drugs interfere with the way the brain sends, receives, and process signals
Common legalised drugs:
Paracetamol, Ibuprofen, Calpol, Aspirin, Antihistamine

New Learning:

Know school rules about health and safety, basic emergency aid procedures, where and how to get help.
To recognise and respond appropriately to a wider range of feelings in others.
To recognise and respond respectfully to a wide range of people, to feel confident to raise their own concerns.
To understand personal boundaries; to identify what they are willing to share with their most special people; friends; classmates and others; and that we all have rights to privacy.
To learn about legalised drugs and the effects they have upon the brain.

New PSHE Skills:

Emergency first aid
Know when to take medicine
Help others use medicines appropriately
Question and seek adult support if they believe medicine is not being used responsibly



Vocabulary:

Relationship building, coping strategies, sources of support, rules and boundaries, facial expressions, sense of belonging, safety circles, trusted adults, support networks.

Key Resources:

Cambridgeshire PSHE Framework
Twinkl
Mind UP
PSHE Association Mental Health Lessons

Can I do this?:

Contribute ideas to discussions about ground rules for the class, and to take an active part in activities to help build cooperative relationships in the class.
Identify emotions that they or someone else might feel in a new situation, and will know some ways to help someone who is new to the class and the school.
Identify people at home, at school and in other contexts of their lives to include in their support networks.
Know how they can access support and some ways they can help other people.
Explain how the body works and what it needs, with particular focus on the brain and the nervous system.
Understand that all medicines are drugs and have reviewed safety issues including finding syringes discarded as litter.
Understand that nicotine and alcohol are drugs and be able to describe some of the effects of cigarettes and alcoholic drinks on the body.
Reflect upon the value of friendship, the impact of actions on others and considered skills needed to manage relationships effectively