

PE Learning Organiser – Year 3 Autumn 1 – “What is a sustainable school?”

Prior Learning (What we already know?):

Ball skills:
Throwing one handed and catching one handed
Consistently throw and catch underarm accurately to a partner at least 3m away.
Overarm throw towards a target(partner) 4-5m away.
Throw from left hand to right hand and right hand to left hand.
Catch an overarm throw

Key Questions:

Show me the different ways that you can pass.
Describe how to pivot and explain when it can be used.
Explain how to attack.
Explain how to defend.
What is meant by no contact?
Demonstrate your dribbling skills.
Explain and show me how to pass whilst stationary.
Explain how to tackle.
What does attack and defend mean?

Key Facts:

Netball: Two teams consisting of 7 players each.
Each player has a different position and role within the team.
The aim of the match is for one team to pass the ball down the court to their shooting circle and to score into the goal post.
The game begins with a centre pass.
Teams alternate after a goal is scored.
A player must pass the ball within three seconds of receiving the ball.
The ball cannot be thrown over a complete third of the court without being touched by another player.
Football: You must only touch the ball with your feet and no other part of your body.
The goalie may use their hands to defend the goal.
To move the ball, you may use the side of your foot to push the ball.
No pushing, shoving or unfair contact. This is called a foul and the other team will receive a free kick from where the foul occurred.
To score a goal, a player must kick the ball and it must go completely over the goal-line and in the goal.

New Learning:

Understanding they can only pivot when in possession of the ball and not walk.
Basic understanding of rules. No contact, 1m away, hands up once.
Understanding of corners, throw ins, restarts, goal kicks.
Understanding rules as a goalkeeper.
Game awareness.



New PE Skills:

Dribbling with both feet whilst jogging
Passing whilst moving (football) and stationary (netball)
Basic attacking skills (the idea is to keep possession and score)
Basic defending skills (marking other players)
Overhead throws
Introducing shooting while moving
Strong accurate passing.
Accurate passing while stationary
Good flow of game play.

Vocabulary:

Passing-Chest, Bounce & shoulder, footwork, pivot, control, momentum, attacking, defending, possession, intercept, speed, space, shooting, goal, court, side-line, thirds, centre third, attacking third, defending third, goal circle, centre circle, centre pass (start/restart), positions – goal attack, goal keeper, centre, goal defense, goal shooter, dribble, dribbling, feet, stopping the ball, control, no hands, inside of the foot, Velcro, laces, space, throw in, overhead, score, goal, corners, start/restart, goal kick, goalkeeper, attacker, defender, possession, intercept, pitch, sideline

Key Resources:

<https://www.EnglandNetball.co.uk/school-games/year-3-4/>

Can I do this?

I can pass in three different ways.
I understand I can only pivot when in possession of the ball and not walk.
I understand basic attacking and defending within Netball.
I have a basic understanding of rules. No contact, 1m away, hands up once.
I can dribble with the ball.
I can pass while moving.
I can defend.
I understand corners, throw ins, restarts, goal kicks.
I can do overhead throws
I can shoot while moving
I understand rules as a goalkeeper
I can pass accurately while stood still.
I have game awareness.